

THE WILSON STREET WORD

SEPTEMBER 2023

NEWS

Dr Gandhi is back from maternity leave later this month! Sadly this means we say goodbye, at least for now, to Dr Hina, who has been a wonderful stand in. We wish her all the best!

[September is Gynaecological Cancer Awareness Month.](#) If you're due cervical screening but haven't yet booked an appointment, now would be an excellent time to do so. Our own nurses are available in the day and we also have evening and weekend appointments at the Hub.

Doctors strikes are set to continue. There is a consultants strike 19th to 21st September which may affect operations and outpatient appointments. There are no further planned junior Doctor's strikes at the time but their dispute is ongoing and there is likely to be more action. While we understand the frustration that these can cause, Wilson Street Surgery supports the strike action, as those going on strike are fighting for a better workforce and therefore a better NHS for all.

ALZHEIMERS DISEASE

September is World Alzheimer's Month, & 21st September is World Alzheimer's Awareness Day

Alzheimer's is a form of dementia, a condition which causes progressive cognitive decline, usually in older adults, but occasionally in younger people. There is no cure but some therapies can slow the progress.

The most important thing is early recognition of the condition and future planning.

If you are concerned about yourself or a friend or family member, we can perform initial memory tests and referral if necessary.

Find out more [here!](#)

KNOW YOUR NUMBERS!

The 4th to 10th September is [Know Your Numbers! Week.](#)

You may have seen news recently that the NHS wants to get more people checking their blood pressure!

Do you know your blood pressure?

Do you know that treating raised blood pressure can reduce the risk of stroke and heart attacks?

Most importantly, do you know that you can check your blood pressure, height and weight, at the surgery without an appointment, whenever we are open?

Drop in to find out more!

AND FINALLY...

A reminder that this month we do our [DROP-IN flu immunisation clinics](#)—on the 16th and 23rd September at Wilson Street and on 30th September at Taddington Road, all from 8.30am til 12. Flu season was bad last year! Lets all get protected this year!