

# Derby Carers Centre



# The Front Door for Carers

**CARERS DEFINITION: A Carer is someone who looks after a relative or friend, young or old, who is disabled due to a physical or mental impairment or by age**

## Carer's Assessment

One of our Carers Assessment workers based at the Carers Centre can provide a Carers Assessment either by a visit at your home, at the Carers Centre or by telephone. The assessment will be done jointly with the Carer identifying the needs and leading to ongoing support, information and specialist services that are required. This could lead to linking in with other organisations, maximising the support network. The Carers Assessment is linked to the Carer's personal budget which if the criteria are met, can lead to a 'one off' payment which would be used for the Carer.

## Carer Support Team

The team provide ongoing support with the initial meeting planning a 'tailor made service' to meet the carers individual needs which is flexible in its approach to reflect the changes throughout the Carers journey.

### Recognition as Partners in Care:

To care safely

Maintain their own physical/mental health and wellbeing

Information and Support

Access to Carers Breaks

Respect

Recognition from other organisations

Advocacy

## Action for Children

Offering support to children and young adults aged between 6-25 years who care for another family member. Tel: **01332 370430** for more information. If you are a parent Carer who needs support, ring the First Contact Team on **01332 641172**. If you care for a disabled child ring The Lighthouse on **01332 256990** at the Integrated Disabled Childrens Service.

## Emergency Planning

The Emergency Plan is activated when a Carer is not able to continue providing care because of an emergency such as emergency admission to hospital, a family emergency, a real risk to the Carers employment, short notice family crisis and any situations that can be classed as an emergency and which can place the cared for at risk due to the absence of the Carer.

The Plan is developed with the support from DCA and the Carer is provided with a unique identification number and card which is linked to the Carers specific emergency plan. In the event of an emergency the card and number identifies them as a Carer and provision will be put in place for the cared for. Support is provided free of charge for the first 72 hours of the emergency.

## Carers Connect Derby

This is a multi-agency network of organisations dedicated to supporting Carers in Derby:-

**Derbyshire Carers Association**

Caring for Carers in Derby and Derbyshire

**Age UK Derby and Derbyshire**

A Health Liaison Worker at Age UK assists GP practices to identify, register and refer Carers for support. Tel: **01332 343232**

**DERBY ADVICE**

Derby Advice provide free, confidential and independent advice on all Welfare Benefits and money/debt problems. Tel: **01332 643395**

**DISABILITY DIRECT**

A Carer Support Worker from Disability Direct is there to offer advice to Carers, especially groups in the community. Tel: **01332 299449**

**MAKING SPACE**

Making Space support people concerned about memory loss or those caring for a relative or friend with memory loss. Tel: **01332 623700**